

Covid19 Health and Safety protocol

2020 ECA Canoe Slalom European Championships

| | |
|--|-----------|
| I. Introduction | 2 |
| II. Key principle | 2 |
| III. Prior to the Championships | 3 |
| A. Final decision to hold a competition..... | 3 |
| B. Legal requirements – access to the host country | 3 |
| C. Participating National Federations | 3 |
| D. ECA, Host National Federation and HOC responsibility..... | 3 |
| IV. The Covid Manager | 4 |
| V. General technical aspects of Covid19 management at the competition | 5 |
| A. Failure to comply with the protocol | 5 |
| B. Public spectators..... | 5 |
| C. Social distancing measures | 5 |
| D. Personal Protective Equipment (PPE) | 6 |
| E. Face mask..... | 6 |
| F. Daily temperature testing..... | 6 |
| G. Signage on site | 6 |
| H. Human resources (e.g. HOC staff, ECA staff, volunteers) | 7 |
| VI. Access to the host country..... | 8 |
| VII. Personal Health Check Information form | 10 |
| VIII. Transportation service (for ITOs, ICF or ECA members) | 11 |
| IX. Precautionary measures inside the venue during access period..... | 12 |
| A. Entry point and daily temperature check | 12 |
| B. Accreditation Centre | 12 |
| C. Sport information office..... | 12 |
| D. Team Leaders meeting..... | 13 |
| E. Enquiry desk..... | 13 |
| F. Athlete village | 13 |
| G. TVS distribution room | 13 |
| H. Field of Play, course construction and demonstration run | 14 |
| I. Boat and equipment control..... | 14 |
| J. Pontoons (e.g. embarkment, start, disembarkment) | 14 |
| K. Water rescue team | 14 |
| L. Mixed zone and media operation..... | 14 |
| M. Car park for National Federation | 15 |
| N. Award Ceremony | 15 |
| O. Catering area and lunch services | 15 |
| P. Offices, media centre, technical areas and lounges (e.g. ITOs lounge, ICF/ECA office) | 15 |
| Q. On Venue Result Room | 16 |
| X. Management of a sick individual where Covid19 is suspected | 16 |
| APPENDIX 1 – SIGNAGE / WHO POSTERS | 17 |

APPENDIX 2 - Personal Health Check Information form18

APPENDIX 3 – Signed National Federations written declaration19

I. Introduction

SARS CoV-2 is the virus that causes the illness COVID19. It is a newly described coronavirus that is currently causing a global pandemic. It is highly infectious with infection occurring after inhalation of respiratory droplets and airborne particles. Contagion is also possible after touching a surface onto which virus has fallen from either the air or respiratory droplets and which is then transferred to the face, nose, or mouth by the hand.

This policy is therefore aimed at reducing the risk of:

- Infected individuals attending the competition
- Infected individuals transmitting the disease to others
- Exposing people at higher risk of Covid19 disease to potential infection

This Covid19 Health and Safety protocol (SOP C19) will be published 4 weeks prior each competition, subsequent to any decisions as per above. The SOP C19 will be subject to change at short notice, depending on the evolving pandemic situation. A final SOP C19 will be available at the team leaders meeting. Any major changes will be notified electronically to team leaders and National Federations.

II. Key principle

At any time, local or national policy in term of Personal Protective Equipment or any health and sanitary measures can lead to a quick evolution of this protocol to allow a safe organisation.

III. Prior to the Championships

A. Final decision to hold a competition

- i. The ECA will make a decision regarding the viability of the championships, in terms of the risk posed by the pandemic, four weeks before the event. This decision will rely on current advice specific to the Host Country Government and advice on the pandemic globally, according to the World Health Organisation (WHO).

B. Legal requirements – access to the host country

- i. There may be legal requirements imposed such as a quarantine period on entry to the country, Covid19 testing prior to travel or on arrival.
- ii. This will be guided by governmental and WHO advice or legal requirements and will not be made by the ECA (see section VI for the concerned competition).

C. Participating National Federations

- i. Each Participating National Federation will be expected to have undertaken their own risk assessment and have a Covid19 safety protocol in place and will require to have taken the precautionary measures prior to travel.
- ii. Each Participating National Federation will be expected to have undertaken their own risk assessment and have a Covid19 safety protocol in place and will require to have taken the precautionary measures prior to travel.
- iii. Each Participating National Federation are responsible for all costs (including medication) should any member of their Team be required to go into quarantine at any time from arrival to departure and/or be hospitalised or to return to the country of departure. The ICF, the Host National Federation and the Host Organising Committee will try to support the concerned person as much as they can.

D. ECA, Host National Federation and HOC responsibility

- i. The ECA, Host National Federation or Host Organising Committee does not accept any responsibility for Covid19 infection that occurs during or after the competition but will take all advised precautionary measures to reduce the risk of transmission.

IV. The Covid Manager

A Covid Manager is appointed for the competition by the HOC.

Their role will be as follows:

- Prior to the competition, they coordinate with the HOC staff and host country NGB to ensure that the venue is compliant with the regulations set out here.
- During preparation, training, and competition days they will coordinate and verify compliance at the venue with the provisions and protocols set out within this document.
- The Covid Manager will have ultimate responsibility and command of the Covid Health and Safety procedures at the Venue.
- The Covid Manager will be informed of any person on the venue site who becomes unwell with suspected Covid. They will be responsible for ensuring the immediate isolation and will liaise with the local health authorities regarding further treatment or isolation according to the national guidelines.
- Reporting Covid-19-related incidents to the ECA
- Liaison with ECA and relevant local authorities.
- Ensuring that HOC staff are appropriately trained in relation to Covid-19.

V. General technical aspects of Covid19 management at the competition

A. Failure to comply with the protocol

- i. National teams, including all technical officers, staff and athletes will be expected to comply with this protocol.
- ii. If an individual or an entire team do not respect it, the ECA may denied the access to the venue to the concerned person.

B. Public spectators

- i. The event will take place behind closed doors.
- ii. The ECA agree to run competition without spectators.
 - HOC and local authorities agree to welcome limited number of spectators on invitation. HOC will organise the public spectators flow and COVID-19 measures in line with the local authorities' policy.

C. Social distancing measures

- i. There will be no opening or closing ceremony
- ii. All persons attending the competition should refrain from close contact such as handshakes and embraces.
- iii. A one-way system is recommended to be set in indoor areas to minimise close contact with others. This will be marked out with tape or painted lines on the ground. Signs will assist understanding of the system.
- iv. At all places, participants will be advised to facilitate 2 m social distance.

D. Personal Protective Equipment (PPE)

- i. All person who are cleaning high risk areas such as toilets must respect local and / or national PPE policy.
- ii. Fluid-resistant disposable surgical masks will be provided for all ITO's and all technical staff who are required to work indoors or within 2m of another person.
- iii. One mask will be used for each session i.e. one in the morning and one in the afternoon.
- iv. Information posters from the World Health Organisation will be displayed across all areas to show the correct way to wear and dispose of a mask.
- v. Face masks worn by team members and other participants will be provided by themselves and will conform to WHO recommendations.
- vi. A face visor on its own does not provide sufficient protection from others and will not prevent expelled viral particles from being emitted by the wearer. If wished, participants and others can wear a face visor but this must be in addition to a mask or a respirator.
- vii. Safe disposal of masks and other items of PPE will be arranged by the HOC.

E. Face mask

- i. Face mask **MUST** be worn at all times when indoors, except when eating or drinking.
- ii. Face mask **SHOULD** be worn outside when it is impossible to maintain a 2m distance between individuals.
- iii. All technical officials and HOC staff **MUST** wear a face mask during any interaction between themselves and any member of a national team.

F. Daily temperature testing

- i. HOC will ensure that daily temperature testing of all accredited and invited people is continuously carried out for those entering the venue from the first day of competition until and including the final day of competition. During the official training temperature testing will be carried out when entering athletes' area. See detailed protocol in section VIII-A.

G. Signage on site

- i. The basic public health measures of wearing a mask or face covering correctly, social distancing and hand washing will be emphasised across all areas. The recommended WHO signage will be used (see appendix 1).

H. Human resources (e.g. HOC staff, ECA staff, volunteers)

- i. All HOC and ECA staff member and volunteers will be briefed on the protocols for a suspect and confirmed patient, on infection prevention and control measures and on where to find more information.
- ii. Number of accredited people outside of NFs delegation will be keep at the minimum needed to run the competition and all linked services at a high level in a safe environment.

VI. Access to the host country

All foreign nationals from safe countries, those on the “green list”, will be allowed to enter the country without stating the purpose of their stay. If the entering person was not in a “red zone country” for longer than 12 hours in the past 14 days, there are also no further obligations such as undergoing a PCR test or mandatory quarantine. Citizens will still need to abide by the same rules of entering the country as before covid-19.

For EU countries not on the „green list“, presentation of a negative test for covid-19 or undergoing a period of quarantine is necessary. The PCR test must be taken upon the arrival in the Czech Republic and negative result must be reported in 72 hours to National Health Authority.

In order to support the organization of international sports events, the Czech government has introduced a facilitation of entry for those who are arriving in the Czech Republic in the connection with 2020 ECA Canoe Slalom European Championships from countries with necessity of proving the purpose of stay. In this case the National Sport Agency will provide the letter to allow participants from these countries to enter the Czech Republic. For detail information on this matter, please, contact Secretary General of the Czech Canoe Union Ivo Eichler - eichler@czechcanoe.cz.

For countries in the category of red EU countries (not on „green list“), presentation of a negative test for covid-19 or undergoing a period of quarantine is necessary. The PCR test must be taken upon the arrival in the Czech Republic. There are several options to take the PCR test in the official test centres. When flying in through International Airport of Prague (PRG) the best option is to take the test at one of three test stations at the airport - <https://www.prg.aero/en/testing-covid-19>. For list of other test sites, please, contact the Competition Office – alenka@slalomtroja.cz.

SIMPLIFIED SCHEME FOR ENTRY INTO CZECHIA¹ (from 1. 7. 2020)

| | CATEGORY ACCORDING TO THE LEVEL OF RISK | SAME RULES FOR ENTRY INTO CZE AS BEFORE COVID-19 | NECESSITY OF PROVING THE PURPOSE OF STAY/NECESSITY OF PCR TEST OR QUARANTINE |
|---------------------------|---|--|--|
| CITIZENS OF EU+ COUNTRIES | COUNTRY ON THE LIST | YES | NO/NO |
| | COUNTRY NOT ON THE LIST | NO | NO/YES |
| THIRD-COUNTRY NATIONALS | COUNTRY ON THE LIST | YES | NO/NO |
| | COUNTRY NOT ON THE LIST | NO | YES/YES |

The “green list” follows the list agreed by all EU Member States, but also takes into consideration the epidemiological situation in each particular country, mutual tourism, and reciprocity.

The list currently includes (last update 31. 8. 2020):

- the Principality of Andorra
- Commonwealth of Australia
- the Kingdom of Belgium
- the Republic of Bulgaria
- the Kingdom of Denmark
- the Republic of Estonia
- the Republic of Finland
- the French Republic
- the Republic of Croatia
- Ireland
- the Republic of Iceland
- the Republic of Italy
- Japan
- Canada
- the Republic of Korea
- the Republic of Cyprus
- The Principality of Liechtenstein
- the Republic of Lithuania
- the Republic of Latvia
- the Grand Duchy of Luxembourg
- the Republic of Hungary
- the Republic of Malta
- the Principality of Monaco
- the Federal Republic of Germany
- the Kingdom of the Netherlands
- the Kingdom of Norway
- New Zealand
- the Republic of Poland
- the Portuguese Republic
- the Republic of Austria
- the Hellenic Republic
- the Republic of San Marino
- the Slovak Republic
- the Republic of Slovenia
- the Kingdom of Sweden
- the Swiss Confederation
- the Kingdom of Thailand
- the Republic of Tunisia
- the Vatican City
- the United Kingdom of Great Britain and Northern Ireland
- the Autonomous Community of the Canary Islands (Kingdom of Spain)

This Notification is issued with effect from September 1st 2020, 0:00.

VII. Personal Health Check Information form

- i. All National Team Members, Officials, ICF or ECA Personnel, Members of the HOC will also be required to complete a personal Health Check Information Form (in the English language) prior obtaining their accreditation and access to the competition venue. See template in appendix 2.
- ii. This form will be presented to the HOC at the accreditation center. This information will be stored confidentially by the ECA technical representative and will only be made available should medical treatment be required.
- iii. The Health Check Information Forms will be stored confidentially by the ECA technical representative and destroyed twenty-one days following the conclusion of the competition.
- iv. Each Team Leader needs to sign for his team that they will not bring any team member with any sign of a sickness to the competition site. See template in appendix 3.

VIII. Transportation service (for ITOs, ICF or ECA members)

- i. All coaches, buses, minibuses and cars used to transport the Teams, the ICF or ECA Board Members, ICF or ECA Officials and all other ECA or HOC appointed competition personnel must be operated in accordance with the required 'Social Distancing' and hygiene measures.
- ii. These measures must include a limit on the number of persons to be transported in each respective vehicle. All occupants of the transport, including the driver, must wear a mask.
- iii. Each vehicle must be cleaned with disinfectant between trips.
- iv. All participants being transported by the Organisers must wear protective face masks throughout the journey. Anyone who does not comply with this regulation will be denied access to the transportation services.
- v. All personnel using the transportation provided by the Organiser must provide their own protective face masks and hand sanitisers.
- vi. The measures detailed above shall be applied for all transportation between hotels and other venues such as the competition venue.

IX. Precautionary measures inside the venue during access period

A. Entry point and daily temperature check

- i. All people attending the competition venue will have their temperature checked at the entry point by thermal cameras.
- ii. Number of entry points need to be adapted.
- iii. People with a temperature >38°C will not be granted access to the site and will be advised to contact their doctor.
- iv. Staff at the entry points will wear PPE in accordance with local or national PPE policy.
- v. Hand sanitiser will be available at the entry point and all people entering will be asked to use it on entry.
- vi. Fogging disinfection gates will be in use at all entry points. Fogging will be done by newly developed disinfectant PHMG (Polyhexamethylguanidine) -cationic polymer. Due to its unique properties it has a strong biocidal effect against viruses, bacteria, and fungi. It does not endanger human, animal and plant safety. It does not irritate eyes or mucous membranes and does not cause allergic reactions.
- vii. Teams and officials must allow sufficient time for this enhanced screening at entry. If queues form, there will be active management to ensure a distance of 2m between waiting individuals.

B. Accreditation Centre

- i. Accreditation will be under a tensile structure or in a ventilated room with an indication of the maximum number present, with a minimum distance of 2m. A one-way system will be in operation and will be clearly marked.
- ii. Accreditation staff will wear a mask and additional PPE if requested by local or national PPE policy.

C. Sport information office

- i. Bibs numbers will be delivered in a bag (the bagging operations will be done with gloves and a mask after sanitizing the numbers)
- ii. All technical information will only be available electronically and publish in the sport information office.
- iii. Only Start list will be printed on demand in a limited number per National Federations.
- iv. The dedicated WhatsApp group for each competition will be the main information point.

D. Team Leaders meeting

- i. The team leaders meeting will be run preferably as a videoconference.
- ii. All documents will be sent on the WhatsApp group prior the meeting.

E. Enquiry desk

- i. The desk needs to be protected with plexiglass protection.

F. Athlete village

- i. Each National Team will be allocated an area for their team that will be separated from other team areas. Team members must not visit other team areas.
- ii. Possibility for teams to put up their own additional tent.
- iii. Hand sanitiser will be made available for the athlete village, but team members MUST also provide their own hand sanitiser and disinfectant wipes.
- iv. Toilet facilities for teams will be cleaned on an hourly basis. There needs to be either a one-way system for entry and exit or a 'one in, one out' system to reduce potential close contact between athletes or officials from different teams. Handwashing is essential and there MUST always be hand soap available.
- v. All National delegation members should be discouraged from intermingling in the athlete village.
- vi. Athletes or NF staff whose has finished their duty, should leave the competition venue wherever possible. A streaming feed will be available for the whole competition.

G. TVS distribution room

- i. A TVS feed will be available for all competitions and demonstration run.
- ii. Only download solution will be available to avoid gathering in the normal TVS room.
- iii. Each Nation tent will be equipped with their own download cable.

H. Field of Play, course construction and demonstration run

- i. All demonstration run will be organised as full length to give athletes and coaches more space.
- ii. All TVS feed from demonstration run will be available to download.

I. Boat and equipment control

- i. The equipment control will be organised in a light version: less persons.
- ii. There will be a one-way system for boat measurement.
- iii. The technical officials must wear a mask and check the boats and equipment without physical contact or by using gloves or sanitising gel before and after the check.
- iv. All post competition boat and equipment control will be organised without athlete / ITOs interaction. If needed, the athlete will be called, and athletes will be requested to wear a face mask.
- v. Self-check sessions prior the competition will be organised under the overview of one volunteer to insure sanitary measures:
 - a. Athletes must use hand sanitiser before and after touching device
 - b. The volunteer will disinfect used device after each athlete

J. Pontoons (e.g. embarkment, start, disembarkment)

- i. Only athletes will have access to the dock / pontoon or boarding area
- ii. Only one boat will be allowed access to the pontoon at a time.
- iii. Pontoons will be disinfected at regular intervals.
- iv. Athletes must warm down sufficiently that they are no longer breathing heavily by the time they get to the disembarkation pontoon.
- v. Any items such as canoe, paddle that is handled by more than one person, will require disinfection by the participating personnel.

K. Water rescue team

- i. The members of the water rescue team will wear a mask on the bank if social distancing is not possible.
- ii. The rescued athlete will be provided with a mask to wear as soon as possible after rescue.
- iii. A record will be kept of rescued individuals and rescuers in case of later requirement for Track and Trace.

L. Mixed zone and media operation

- i. Mix zone will be adapted to allow social distancing.

M. Car park for National Federation

- i. A dedicated area must be identified and not accessible to the public.

N. Award Ceremony

- i. The award ceremony will take place in a restricted area. Only the award-winning athletes and the presenting official will have access to the area.
- ii. Access to the award ceremony area will be by a one-way system to limit interaction with other participants or personnel.
- iii. A social distance should be maintained between all participants
- iv. Medals will be disinfected prior to the ceremony then placed on a tray.
- v. The medal presenter will use hand sanitiser before the start of the award ceremony.
- vi. There will be no handshakes or embraces.

O. Catering area and lunch services

- i. Lunch for all other accredited person:
 - a. Catering area organised with one-way system
 - b. Lunch box

P. Offices, media centre, technical areas and lounges (e.g. ITOs lounge, ICF/ECA office)

The following principles need to be taken into account:

- i. Face coverings MUST be worn over the mouth and nose indoors
- ii. Hand sanitiser will be available at all entry points and within each room. Anyone entering or leaving an office or room must use hand sanitiser.
- iii. The distance between officials at their place of work indoors must be maximised.
- iv. The number of officials at each technical area will be reduced to the minimum required. No-one will be allowed to enter a technical area unless required for operation of the event.
- v. Risk of infection is reduced if there is free airflow through an indoor area. Consider which windows or doors can be kept open. Fire doors must not be kept open.
- vi. Disinfectant sprays or wipes must be available in each area to clean equipment such as keyboards, headsets, walkie-talkies regularly and this MUST be done between users. Each area will be cleaned regularly throughout the day and this cleaning schedule will be agreed with the technical officers and the HOC.
- vii. Officials should be discouraged from intermingling in enclosed areas and whose shift has finished, should leave the site wherever possible.

Q. On Venue Result Room

- i. The TVS production function will be organised in a separate room to allow social distancing.
- ii. The two video judges have been removed for the 2020 season.

X. Management of a sick individual where Covid19 is suspected

- i. If a person is suspected to be infected on arrival at the entry point, they will be advised to return to their accommodation, isolate and contact their doctor who will need to contact the relevant authority according to local or national guidelines.
- ii. If a person falls ill on the competition venue with symptoms suggestive of Covid19, they will be escorted immediately to an isolation facility, by a member of technical staff wearing full PPE. There will be no interaction with any other person. Their team leader will be informed. A member of the on-site medical team will be advised of the incident and asked to examine the individual (wearing full PPE) and advise on triage, according to the local government guidelines.
- iii. Each party need to need to be organised to facilitate Track and Trace by having a good contact list of his community.
 - a. ICF or ECA: staff, ITOs, board members, team leader of participating National Federations, ICF providers.
 - b. Participating National Federations: all members of the delegation
 - c. HOC: HOC staff, accredited VIP, accredited media, volunteers, providers

APPENDIX 1 – SIGNAGE / WHO POSTERS

Hand-washing (1): https://www.who.int/images/default-source/healthtopics/coronavirus/risk-communications/general-public/protect-yourself/blue1.png?sfvrsn=3d15aa1c_2

Hand-washing (2): https://www.who.int/images/default-source/healthtopics/coronavirus/risk-communications/general-public/protect-yourself/blue2.png?sfvrsn=2bc43de1_2

Protection: https://www.who.int/images/default-source/healthtopics/coronavirus/risk-communications/general-public/protect-yourself/blue3.png?sfvrsn=b1ef6d45_2

How to hand wash: https://www.who.int/gpsc/5may/How_To_HandWash_Poster.pdf?ua=1

How to hand rub: https://www.who.int/gpsc/5may/How_To_HandRub_Poster.pdf?ua=1

Wearing and removal of PPE: https://www.who.int/csr/resources/publications/ppe_en.pdf?ua=1

APPENDIX 2 - Personal Health Check Information form

| | | |
|--|-----------|------------|
| Name (as shown on passport or ID card) | | |
| Nationality | | |
| Address during the event | | |
| Phone Number | | |
| e-mail address | | |
| Countries that you visited or stayed in last 14 days | | |
| | | |
| | NO | YES |
| Have you had any cold symptoms (cough, runny nose, sore throat, difficult breathing, loss of taste or smell) during the last 14 days? | | |
| Have you had any of the following symptoms during the last 14 days: <ul style="list-style-type: none"> • Fever • Chest pain • Headache • Nausea/vomiting • Diarrhea | | |
| Have you been in contact with someone with a proven infection with Covid-19? | | |
| Have you been in quarantine during the last 14 days? | | |
| Have you tested positive to the PCR (Polymerase chain reaction) test during the last 14 days? | | |

SIGNATURE and DATE:

APPENDIX 3 – Signed National Federations written declaration

| | |
|--|--|
| Name (as shown on passeport of ID card) | |
| Team leaders for | |
| Phone Number | |
| e-mail address | |
| <p>I hereby declare that as National Federation representative will not bring to the competition venue any delegation member having the following symptoms during the training period and competition period:</p> <ul style="list-style-type: none">• Fever• Chest pain• Headache• Nausea/vomiting• Diarrhea | |

SIGNATURE and DATE: